



PARKS AND RECREATION COMMISSION MEETING

September 9, 2026

6:00 PM

Indianola Wellness Campus

306 E Scenic Valley Avenue

Indianola, IA 50125

Agenda

- 1. Call to Order**
- 2. Roll Call**
- 3. Public Comment**
- 4. Consent Items**
 - A. Approve Agenda
 - B. Approve August 12, 2026 Minutes
- 5. Support Group Reports**
 - A. Trees Committee
 - B. Friends of IWC
- 6. Department Heads Reports**
 - A. Parks
 - B. Recreation
 - C. IWC
- 7. Public Consideration**
 - A. Old Business
 1. IWC Expanded Access Policies
 - B. New Business
- 8. Commission Member Comments**
- 9. Adjourn**



MEMORANDUM

To: Parks and Recreation Commission

From:

Date: September 9, 2026

Subject: Approve Agenda

Recommendation:

Attachments: None



MEMORANDUM

To: Parks and Recreation Commission
From:
Date: September 9, 2026
Subject: Approve August 12, 2026 Minutes

Introduction:

Background:

Discussion:

Budget Impact:

Recommendation:

Attachments: 1. Aug 12 2026 PR Commission Minutes Draft

Indianola Park and Recreation Commission

August 12th Meeting Minutes – *Pending Commission Approval*

The Indianola Parks and Recreation Commission held a meeting on Wednesday, August 12, 2026 at 6:00 pm at The Indianola Activity Center. Commission Members present were:

Mike Baethke
Randy Bickham
Matt Garrett
Glen Cowan
Lindsay Armstrong

Also present were:

Doug Bylund, Chief of Culture and Recreation
Diane Thomas, Operations Coordinator of IWC
Kristine Nagel- Muddy Puddles representative
Jen Strange- Muddy Puddles representative

Public Consideration/Correspondence- NA

Consent Items:

A motion was made by Matt and a 2nd from Mike to approve the consent items as follows, motion carried unanimously

Approve Agenda
Approve July 8th, 2026 Minutes

Support Group Reports

Tree Committee: NA

Friends of IWC: Mike submitted a report that Friends lacked a quorum to conduct official business. Brainstorming topics were discussed such as Annual Fundraising, Community Day Halloween theme. Other topics were Prairie Meadows grant of \$18,000, equipment purchasing (no action taken) July attendance, City of Indianola Donation Policy, Warren Co parade.

Division Reports

- Parks:
 - Disc Golf Tournament- 150 volunteers, 16,000 tickets sold, community members were concerned about no parking available for general public.
 - Weeds not stopping, grass growing which affects mowing
- Recreation:
 - T-ball finished up
 - Flag football started
 - Balloon camp successful

- Jamie had her baby
- P&R team at state fair leading pie eating contest
- VMAC Pool-
 - Swim lessons completed
 - Boat races coming on last day
- IWC Report:
 - Group Ex classes are very busy
 - Doug and Diane are beginning to review increased access policies for insurance company
 - Mike asked questions about swim lessons for IWC when will those be ready for sign up
 - Mike asked questions about tracking data for extended use, and cost estimate for cameras

Public Consideration

- Old Business
 - Muddy Puddles
 - Doug stated there were many different areas of consideration including current parks and other non-park sites of where to locate the splash pad that has the correct infrastructure, access, etc
 - The northwest corner on the IWC property was decided to be the best location
 - They are working on a grant to help provide 2 pavilions
 - A bathroom area to be built on property
 - Lindsay asked if city would be responsible for upkeep for the maintenance, Doug mentioned an endowment is required according to the Donation City Policy
 - Muddy Puddles requested for a formal statement from the Park and Rec commission recommending the IWC for the location for the splash pad so they can begin research for an infrastructure study.
 - A motion was recommended that the commission support a feasibility study for the Northwest corner of the IWC property for construction, operations, and maintenance for MMP Splash Pad. Mike Baethke motioned 1st, Lindsay Armstrong 2nd, Unanimous approval

New Business

- Dog Park Passes- It is recommended to increase the replacement card fees to \$10 due to uprising cost. Andy motioned 1st, Lindsay 2nd

Commission Member Comments

Matt- Pitch, Hit, Run contest at Kanas City, student from Simpson won.

Mike asked about Pickard Campground and if it is used for extra events

Randy asked about moving/adding a bike rack by the front doors

Next Meeting

Wednesday, September 9th, 2026: 6:00 p.m. Indianola Wellness Campus

It was moved by Matt and seconded by Glenn to adjourn at 6:45 pm. Unanimous approval



To: Indianola Parks and Rec. Commission

Fr: Mike Baethke

Re: Friends of the Indianola Wellness Campus – Thursday, September 3 , 2026

AGENDA

Committee Reports:

- Finance
 - Total Income – \$42,358.36
 - Total Expense – \$14,388.87
 - Net Income – \$27,969.49
- Indianola Community Foundation
 - Award from Prairie Meadows Grant has not been received.
 - Next Meeting – November 4, 2026.
- IWC Updates, Announcements
 - 24 Hour Access
 - After-Hours Waiver Form needs to be developed.
 - Incident Report Form needs to be developed (QR Code).
 - Checking on more cameras and outsourcing installation.
 - Investigating options for more police surveillance when operational.
 - See attached membership data

New Business

- Theissens Grant Update – Missed deadline (lacked necessary documentation).
- Upcoming events for the Outreach & Engagement – Community Day October 24, 2026.
- Friends Annual Meeting – Spring 2026 (April/May TBD)
- IWC Store – Printful will be the new vendor.
- Parade Opportunities – No Discussion
- Membership – New Board Members can join at any time.

Old Business

- Prairie Meadows Grant Update
 - Grant Amount \$18,075.28 (Not yet received.)
 - Approved \$34,588.00 in new equipment (Treadmills (4), Climbmill (1), Hip Thrust (1))
- Halloween Event – In conjunction with October 24th Community Day
- Daddy Daughter/Zumba/Line Dance Event – February 12th and 13th, 2027

Next scheduled meeting Thursday, October 1st, 2026 @ 5:30 pm.



MEMORANDUM

To: Parks and Recreation Commission

From:

Date: September 9, 2026

Subject: Parks

Recommendation:

Attachments: None



MEMORANDUM

To: Parks and Recreation Commission

From:

Date: September 9, 2026

Subject: Recreation

Recommendation:

Attachments: None



MEMORANDUM

To: Parks and Recreation Commission

From:

Date: September 9, 2026

Subject: IWC

Recommendation:

Attachments: None



MEMORANDUM

To: Parks and Recreation Commission

From:

Date: September 9, 2026

Subject: Old Business

Recommendation:

Attachments: None

After-Hours Indianola Wellness Campus (IWC) Waiver & Rules – Draft pending approval **9/9/2016**

To provide a safe, respectful, and secure environment for all members, the following rules apply whenever the IWC is open after staffed hours.

After-Hours Access

After-hours access is a privilege available only to active, authorized members who have been granted after-hours access.

- Members must use their own authorized access credentials. Sharing key cards, access codes, or other entry methods is prohibited.
- Non-members and unauthorized guests are not permitted inside the IWC during after-hours periods.
- Members are responsible for ensuring that unauthorized individuals do not enter the facility with them.
- Members may not prop open, disable, or otherwise circumvent doors, locks, security systems, or access controls.

Tailgating is strictly prohibited.

Members may not allow another person to enter the facility behind them without that person independently using authorized access. Each individual entering the IWC after hours must have their own authorized access. If you observe someone attempting to enter without authorization, do not confront them if doing so could put you at risk. Notify IWC staff as soon as possible and contact emergency services when appropriate.

Security Camera Monitoring

I understand and acknowledge that the IWC uses security cameras to monitor designated areas of the facility for safety, security, and protection of members, staff, and property. By using the IWC after hours, I understand that my presence and activities in areas monitored by security cameras may be recorded. Security cameras will not be located in areas where individuals have a reasonable expectation of privacy, including locker rooms, bathrooms, or other designated private areas, consistent with applicable law and IWC policy.

Locker Rooms and Bathroom Use

The main locker rooms will not be available for use during after-hours access. Members using the IWC after hours are encouraged to use the family locker rooms and designated bathrooms available for after-hours use. Members are expected to respect the privacy and personal space of others when using these areas and must follow all posted rules and instructions.

Conduct, Loitering, and Facility Rules

After-hours access is provided for the purpose of using the IWC and its available facilities not for extended socializing, sleeping, or remaining in the building without a legitimate purpose. Loitering is not permitted during after-hours access. Members may not remain in the facility after completing their workout or other legitimate IWC activity without a reasonable purpose. Sleeping, lying down, or occupying benches, seating areas, or other facility spaces for the purpose of sleeping or resting for an extended period is prohibited.

Examples of prohibited behavior include, but are not limited to:

- Sleeping or appearing to sleep on benches, chairs, or other furniture;
- Using the facility as a place to rest or stay for extended periods;
- Remaining in the building after completing your workout without a legitimate purpose;

- Establishing a personal space or leaving personal belongings in common areas;
- Engaging in behavior that interferes with other members' use of the facility.

If a member becomes ill, injured, or otherwise requires assistance and needs to remain in the facility, they should notify staff or contact emergency services as appropriate.

Emergency Situations

Because staff may not be present during after-hours use, members acknowledge that they may need to respond appropriately to an emergency.

If an emergency occurs:

1. Assess the situation and prioritize your own safety.
2. If it is safe to do so, assist others who may need immediate help.
3. Call 911 for medical emergencies, fire, serious injury, threats to personal safety, or other situations requiring emergency assistance.
4. Follow the instructions of emergency personnel.
5. Notify IWC management as soon as reasonably possible after the emergency has been addressed.

Members are not expected to put themselves in danger or provide assistance beyond their level of training. If you are trained in CPR, first aid, AED use, or another emergency response procedure, use that training when appropriate and safe.

Disciplinary Action

Violation of these after-hours rules may result in disciplinary action, including but not limited to:

- Temporary suspension of after-hours access;
- Suspension or termination of membership;
- Permanent loss of after-hours access privileges; and/or
- Referral to law enforcement or other appropriate authorities when warranted.

The IWC reserves the right to immediately suspend after-hours access when a member's conduct presents a safety, security, or legal concern.

Acknowledgment and Agreement

I understand that after-hours access is a privilege and that the IWC may not have staff present during these hours.

I acknowledge and understand that:

- Only authorized members may enter the facility after staffed hours.
- Tailgating and allowing unauthorized individuals to enter are prohibited.
- Security cameras monitor designated areas of the facility for safety and security purposes.
- The main locker rooms are unavailable during after-hours access, and I am encouraged to use the designated family locker rooms and bathrooms.
- Loitering, sleeping on benches or other furniture, and remaining in the facility without a legitimate purpose are prohibited.
- I am expected to follow all Wellness Center rules and safety procedures.
- In an emergency, I should prioritize my own safety, assist others when it is safe to do so, and call **911** when emergency assistance is needed.
- Violations of these rules may result in loss of after-hours privileges, disciplinary action, suspension or termination of membership, and/or involvement of law enforcement when appropriate.

By signing below, I acknowledge that I have read, understand, and agree to follow the After-Hours Wellness Center Rules and Waiver.



MEMORANDUM

To: Parks and Recreation Commission

From:

Date: September 9, 2026

Subject: New Business

Recommendation:

Attachments: None